



Simsbury Celebrates Bike Month - May 2016



















See Simsbury.bike or Reverse for Event Details



Simsbury
Bicycle Pedestrian
Advisory
Committee

www.facebook.com/simsburyfreebike

www.simsbury.bike

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Simsbury Free Bike Opens Simsbury Bike Challenge Begins (May-October) 	2 Volunteer to Support a Bicycle Friendly Simsbury at: Simsburybikechallenge@gmail.com 	3 Slow Roll on Bike Trail with Steve Mitchell at 5:30PM every Tuesday (10wks) Walk with the Simsbury Chamber of Commerce at 5:30 PM every Tuesday 	4 Nat'l Bike to School Day Squadron Line Bike to School Day Bicycle Cellar Weekly Rides - Wed - 6pm Wednesday Bike Trail 10AM- Ride with Tanya 	5 Board of Selectmen Ride - Simsbury Town Hall at 5:00 PM - Everyone is welcome 	6 Tootin' Hills Bike to School Day 	7 Raindate - Everybody Rides - Historic Society/National Bike Challenge Kickoff scheduled for 4/30 Raindate: Sarah Hews Workshop @1PM - Parent/Child Biking as One
8 Mother's Day 	9 Eastern Bloc - Weekly 'C' Rides - Social Pace Mondays Farms Village Plaza - West Simsbury 	10 Eastern Bloc Weekly 'B' Rides - Road Ride - Farms Village Plaza - West Simsbury 	11 Basic Bicycle Maintenance Class - Simsbury Library 6:30PM Hosted by The Bicycle Cellar 	12 Eastern Bloc Weekly Women's 'B' Ride Commuter lot - Winslow Place/Canal St. 	13 	14 Bike to Simsbury Public Library Day - Ride to Story time: 11:30 AM; Historical Bike Trail Ride: Early American Trails/Roads 10AM-Noon (Rain date: 5/21)
15 	16 National Bike Week 	17 	18 Latimer Lane Bike to School Day Bike Europe- Charles/Joan Leach - Simsbury Library 7PM; COC Ike on a Bike Birthday - 4-6PM 	19 	20 Bike to Work Day Simsbury B2Work 6:30 -8am Iron Horse Bike Month Happy Hour Red Stone - 5:30PM	21 Raindate: History Ride 10 AM
22 Try Simsbury Adventure Triathlon Run, Bike & Paddle 11am PAC	23 	24 	25 	26 	27 	28
29 	30 Memorial Day	31 Updated April 16, 2016 V4 	April 17: Farmington Trails Council Trail Cleanup and BBQ @ Flaming Farm April 23: Valley Cycling Annual Meeting Library 2:00PM April 20: Wednesday Morning Bike Trail Rides with Tanya Stephens - 10AM April 26 Bike Commuter Forum - Simsbury Library - 6:30pm; Slow Roll @5:30PM Steve Mitchell IHB April 30: Simsbury Historical Society "Everybody Rides" Exhibit 10-4; Simsbury Bike Challenge Kick Off -10AM-1PM; Workshop @1PM Parent/Child Biking as One (Raindate 5/7) TURN OVER FOR EVENT DETAILS OR VISIT SIMSBURY.BIKE			



Sign up TODAY for Simsbury's Townwide Bike Challenge

Our Collective Miles Drive Funding and Support!

Live, work or volunteer in Simsbury, CT? Sign Up Today at:

nationalbikechallenge.org

Simsbury May Bike Month Rides and Events: Visit www.Simsbury.bike or www.facebook.com/simsburyfreebike

- * **April 17:** FVTC Annual Trail Cleanup Day & BBQ @ Flamig Farm - sign up at fvgreenway.org
 - * **April 20:** Wednesdays 10AM Trail Rides with Tanya Stevens. Check Simsbury Free Bike FB page for updates. These weekly rides are a great way to find riding friends, get back into cycling and build miles for the Simsbury Bike Challenge! Your pace, your distance. No ride May 11th. Meeting Place Winslow Place/Commuter lot.
 - * **April 23:** Valley Cycling Annual Meeting: Simsbury Public Library - 2 PM Safety talk, prizes, and guest speakers.
 - * **April 26:** Bike Commuter Forum -Simsbury Public Library @6:30PM - Tips, tricks and advice for easy bike commuting from local bike commuter advocates.
 - * **April 26:** Tuesday evenings 5:30 pm, ride the bike trail with Steve Mitchell and other bike instructors and earn a Traffic Skills 101 certification or just ride with the group on Tuesdays. Iron Horse Boulevard.(10 Weeks)
 - * **April 30:** Simsbury Historical Society "Everybody Rides" Exhibit 10-4PM; Simsbury Bike Challenge Kick-Off -10AM-1PM; Workshop @1PM "Parent & Child Biking as One" Families welcome! Rain date May 7th.
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- * **May 1:** Simsbury Free Bike Opens; First day to enter mileage for the Simsbury Bike Challenge!
 - * **May 3:** Ride and Learn with League Certified Bike Instructor Steve Mitchell -Every Tuesday at 5:30pm Iron Horse Blvd. 5-10 Miles - 11MPH pace; Riders attending 8 of 10 rides will earn a Traffic Skills Certificate! Learn about riding etiquette, fix a flat, ABC checklist and more. Walk with the Chamber of Commerce Wellness Committee - 5:30 PM; your pace, your distance. First ride is scheduled for April 26th.
 - * **May 4:** Bicycle Cellar Rides begin - Wednesday's 6PM from the shop. 12- 15 mph pace; 10 miles. Tanya Stevens 10AM Bike Trail Rides (See April 20th above)
 - * **May 4,6,18:** Elementary Safe Routes to School events. Please be sure bikes are in working order and helmets still fit.
 - * **May 5:** Board of Selectmen's Ride - 5 pm at Town Hall; everyone is welcome. 5 mile, social ride. Stop for Ice Cream at J Fosters
 - * **May 7:** RAIN DATE from April 30th if needed: Simsbury National Bike Challenge Kickoff/Workshop at the Simsbury Historical Society - 11AM -1PM
 - * **May 9:** See www.easternbloc.net for Simsbury ride schedules through the summer. There is a pace and distance ride for all cyclists.
 - * **May 11:** Basic Bicycle Maintenance Class - Simsbury Public Library at 6:30 PM - Learn to keep your ride in safe working order; fix a flat, adjust your brakes, proper seat height adjustment, care of your chain and other moving parts. Simsbury Bicycle Cellar will be your host.
 - * **May 14:** Bike to the Library Day; Story Time 11:30, ages 2 and up. Trail History Bike Ride: Early American Trails/Roads -Simsbury Library, 10AM discussion- Ride 11AM–Noon - Hosts: Linonis/ Dexter Raindate: Saturday, May 21st
 - * **May 16:** National Bike Week; Ride to work, join a club ride, borrow a bike from Simsbury Free Bike! **Log your miles in Simsbury's Bike Challenge**
 - * **May 18:** Ike on a Bike Birthday COC Drake Hill Mall 4-6PM; Travelogue - Charles and Joan Leach - European Bike Touring - Simsbury Public Library 7PM Program Room
 - * **May 20:** Simsbury Bike to Work, Friday 6:30-8:30 AM. Come meet Simsbury bike advocates for coffee and prizes; Iron Horse Boulevard/Library Photos with Legislators
 - * **May 22:** Try Simsbury Adventure Triathlon - Register at www.trysimsbury.com or www.facebook.com/trysimsburytriathlon . Run, bike, paddle! Simsbury Meadows.

Club and Bike Shop Rides Through the Summer

- * **Bicycle Cellar weekly** Wednesdays -6 PM from the shop - 12-15mph pace, 10-15 miles.
- * **Eastern Bloc Cycling Club (EBCC)** weekly rides for all levels of road cyclists. Visit <http://www.easternbloc.net/calendar> for a full list of ride categories (pace & distance), dates, and locations to find a ride that fits your level. "C" level rides are appropriate for those new to group riding, and ride leaders and experienced riders are available to introduce and demonstrate safe group riding techniques. Non-members are always welcome.
- * **Valley Cycling** weekly rides originate at the Dunkin' Donuts in Granby (next to Stop & Shop) Saturdays at 8 and 9 am ; weekdays, Mondays/Wednesdays - 6 pm Questions about Valley Cycling contact Paul Mikkelson mikbenefit@comcast.net

Email:simsburybikechallenge@gmail.com to learn more or to volunteer